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Runners must have either finished a race of at least 62 miles or 100 km in under 10 hours, 30 minutes, competed and completed a 120 mill or 200 km race in under 29 hours and 30 minutes or already competed in Spartathlon and made it 172 km in less than 24 hours, 30 minutes.

The 10 Longest Races in the World - Sports Management

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Recorded Books - The Longest Race

The Self-Transcendence 3100 mile race is the world's longest certified footrace. In 1996 Sri Chinmoy created this event as a 2,700-mile (4,345 km) race. At the award ceremony that year he declared that the 1997 edition would be extended to 3,100 miles (4,989 km).

Self-Transcendence 3100 Mile Race - Wikipedia

Long-distance running, or endurance running, ... In collegiate cross country races in the United States, men race 8000 or 10000 meters, depending on their division, whereas women race 6000 meters The 10,000 metres is the longest standard track event.

Long-distance running - Wikipedia

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The Longest Race is a tale, a fable of skill, passion, rage, love, and finally, peace. Bahadur, a young boy, is the son of a humble watchman in the small town of Rajpur at the foothills of the Himalayas.

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